



BULK WHEY

Bulk Whey

Amino Acids



As the building blocks of protein, amino acids are vital to health. Next to water, amino acids, in the form of proteins, make up the greatest portion of our body weight. Amino Acids are a necessary part of every cell in the human body and are vital components for tendons, muscles and ligaments; organs and glands; hair and nails; and important bodily fluids.

There are over 20 amino acids, separated into two categories: essential and non-essential. Essential amino acids are those that cannot be manufactured by the body, hence, it is essential that they are obtained from food. Non-essential amino acids can be manufactured by the body, however, the body must have the right combination of essential amino acids and supporting nutrients to optimise healthy protein maintenance, so supplementation may be desirable.

Amino acids are not only absolutely integral to life, but they can have a profound impact upon how clearly we think and how well we feel.



Pure L-Glutamine Powder - 1Kg
£20.00

Glutamine plays key roles in protein metabolism, cell volumizing, and anti-catabolism. Glutamine also increases your ability to secrete Human Growth Hormone (HGH), which helps metabolize body fat and support new muscle growth. [\[Product Details...\]](#)

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