



BULK WHEY

Bulk Whey

Carbohydrates



Carbohydrates are the most common source of energy/fuel for our bodies and should account for between 55 - 75% of dietary intake. One of the most proven and affordable ways to improve exercise performance, reduce fatigue and also aid recovery is with Carbohydrate supplementation.

BULK WHEY believe the correct Carbohydrate supplementation is vital, so we will always have the latest Carbohydrates available for you.



100% Ground Oats Powder - 4 x 2Kg
£18.00

Oats are a good source of B vitamins, particularly thiamin, riboflavin, B6 and folate, as well as vitamin E. Oats are low in sodium and a good plant source of iron and potassium. [\[Product Details...\]](#)



100% Ground Oats Powder - 25Kg
£38.00

Oats are a good source of B vitamins, particularly thiamin, riboflavin, B6 and folate, as well as vitamin E. Oats are low in sodium and a good plant source of iron and potassium. [\[Product Details...\]](#)

- -
 -
 -
 -
- « « Start
« Prev
1
Next »
End » »

Results 1 - 2 of 2